

Stand-Up Diapering Instructions:

1. Wash hands.
2. Gather necessary supplies (diaper/pull-up/underpants, wipes, Alpha HP, paper towels, gloves, plastic bag).
3. Put on disposable gloves.
4. Coach child in pulling down pants and removing diaper/pull-up/underpants (assist as needed).
5. Put soiled diaper/pull-up in covered, hands-free, plastic lined garbage can or put soiled underpants in plastic bag to be returned to family at end of the day.
6. Coach child in cleaning diaper area front to back using a clean, damp wipe for each stroke (assist as needed).
7. Put soiled wipes in plastic bag (or assist child in doing so) and dispose of plastic bag into covered, hands-free, plastic-lined garbage can.
8. Remove disposable gloves and throw them away.
9. Wash hands (in bathroom/handwashing sink) and coach child in doing the same.
10. If a signed medication authorization indicates, apply topical cream/ointment/lotion, put on new disposable gloves, apply medication then remove gloves and throw them away.
11. Coach child in putting on clean diaper/pull-up/underpants and clothing.
12. Clean and disinfect any surfaces.
13. Wash hands (in bathroom/handwashing sink).

Stand up diapering must be done in the bathroom or in the designated diapering area.

Children are not to be left unattended in the bathroom at any time.

Staff are encouraged to use an easily sanitized chair for back support, if needed.

Lay Down Diapering Procedure

1. Wash hands.
2. Gather necessary supplies (changing floor pad, pull out changing table, diaper/pull-up/underpants, wipes, Alpha HP, paper towels, gloves, plastic bag).
3. Put on disposable gloves.
4. Assist child with either laying down on the changing floor pad or up the pull-out steps for the elevated changing table. *Hold child's hand while using the stairs to step up.
5. Remove necessary clothing and diaper/pull-up/underpants.
6. Put soiled diaper/pull-up in covered, hands-free, plastic lined garbage can or put soiled underpants in plastic bag to be returned to family at end of the day.
7. Clean child's diapered area front to back using a clean, damp wipe for each stroke.
8. Put soiled wipes in plastic bag and dispose of plastic bag into covered, hands-free, plastic-lined garbage can.
9. Remove disposable gloves and throw them away.
10. If a signed medication authorization indicates, apply topical cream/ointment/lotion, put on new disposable gloves, apply medication then remove gloves and throw them away.
11. Put on clean diaper/pull-up/underpants and clothing.
12. Assist child with either getting up from the changing floor pad or back down the pull-out steps for the elevated changing table. *Hold child's hand while using the stairs to step down.
13. Wash hands (in bathroom/handwashing sink) and coach child in doing the same.
14. Clean and disinfect any surfaces. (Spray, wipe down, spray again to air dry)
15. Wash hands (in bathroom/handwashing sink).

Diapering must be done in the bathroom or in the designated diapering area.

Children are not to be left unattended in the bathroom at any time.

Staff are encouraged to use an easy, sanitized chair for back support, if needed.