


August 2025 Extended Day EHS Children 1 to 3 years
Extended Day (Monday-Friday): Ross, Westridge

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
 Harvest for Healthy Kids: Melon (Watermelon, Cantaloupe, Honeydew)				Closed: Planning Day
Activity Melon Delivery	4	5	6	7
WG Oatmeal, Blueberries, 1 % Milk Macaroni & Cheese, WW Roll, Diced Mango, Diced Green Beans, 1 % Milk WG Spiced Orange & Carrot Muffin Square, Steamed and/or Diced Carrots, Water	WG General Mills Kix Cereal, Diced Peaches, 1 % Milk Chicken Wrap on WW Tortilla, Shredded Cabbage, Berries, 1 % Milk Thin Sliced Bell Peppers, Refried Beans, Ritz Crackers, Water	Yami Lowfat Vanilla Yogurt, Diced Bananas, 1 % Milk Turkey Sandwich on WW Bread, <u>Diced Watermelon</u> , Chopped Romaine Salad with Shredded Carrots, 1 % Milk Tuna, Diced Pears, WG Wheat Thins, Water	WW Mini Bagel, Cream Cheese, <u>Diced Honeydew</u> , 1 % Milk Salmon w Lemon, WG Brown Rice, Applesauce, Snap Peas, 1 % Milk Crosswise Sliced Celery, Sunbutter Pita, Water	Hard Boiled Eggs, Ritz Crackers, Diced Cucumbers, 1 % Milk Three Bean Salad, Shredded Cheese, WW Roll, Diced Cantaloupe, 1 % Milk Graham Crackers, Green Smoothie
11	12	13	14	15
WG General Mills Corn Chex, Mandarin Oranges, 1 % Milk Fish Patty on WW Bun, Steamed and/or Diced Carrots, Applesauce, 1 % Milk Mashed Beans, Snap Peas, Ritz Crackers, Water	WG Baked Oat Square, Diced Strawberries, 1 % Milk WG Veggie Baked Penne, WG Bread, Diced Nectarines, Chopped Spinach with Shredded Carrot, 1% Milk Yami Lowfat Vanilla Yogurt, Berries, WG General Mills Cheerios, Water	Breakfast Taco on WG Corn Tortilla, Diced Mango, 1% Milk Diced Chicken, Diced Steamed Zucchini, <u>Diced Cantaloupe</u> , WW Roll, 1 % Milk Sesame Salmon Rice Bowl, Applesauce, Water	Fruit Pizza- Whipped Cream Cheese, WW English Muffin, Blueberries, 1% Milk BBQ Black Bean Salad, Shredded Cheese, Cornbread, Berries, 1 % Milk <u>Melon Cooler Smoothie</u> , Steamed and/or Diced Carrots, Water	Yami Lowfat Vanilla Yogurt, Diced Peaches, 1 % Milk Hamburgers on WW Bun, Snap Peas, Diced Nectarines, 1 % Milk Sliced Cheese, WG Wheat Thins, Mandarin Oranges, Water
18	19	20	21	22
Closed: Preservice Training	Closed: Preservice Training	Closed: Preservice Training	Closed: Preservice Training	Closed: Preservice Training
25	26	27	28	29
Closed: Preservice Training	Closed: Preservice Training	Closed: Preservice Training	Closed: Preservice Training	Closed: Preservice Training

All milk served is 1% unflavored milk for children over 24 months and unflavored whole for children 12-24 months

This institution is an equal opportunity provider. Condiments delivered weekly and served based on menu item: ketchup, mustard, mayo, ranch, pickles