July 2025 Combo EHS Children 1 to 3 years (Playgroup 0-5 years)

Combo Breakfast & Lunch (1-Monday, Wednesday: 2-Tuesday, Thursday): Fairfield, St Thomas, Park. Playgroups Snack (Fridays): Fairfield, St Thomas, South Lane

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	WG General Mills Kix Cereal, Diced Peaches, 1 % Milk	Yami Lowfat Vanilla Yogurt, Diced Bananas, 1 % Milk	WW Mini Bagel, Cream Cheese, Pineapple Tidbits, 1 % Milk	
Harvest for Healthy Kids: Tomato (Cherry, Brandywine, Green Zebra, Sun Gold Cherry, Yellow Pear, Plum)	Chicken Wrap on WW Tortilla, Shredded Cabbage, Berries, 1 % Milk	Turkey Sandwich on WW Bread, Diced Melon, Sliced Tomato, 1 % Milk	Salmon w Lemon, WG Brown Rice, Applesauce, Snap Peas, 1 % Milk	Closed: Holiday
7	8	9	10	11
WG General Mills Corn Chex, Mandarin Oranges, 1 % Milk	WG Baked Oat Squares, Diced Strawberries, 1 % Milk	Breakfast Taco on WG Corn Tortilla, Diced Mango, 1% Milk	Fruit Pizza- Whipped Cream Cheese, WW English Muffin, Blueberries, 1% Milk	
Fish Patty on WW Bun, Steamed and/or Diced Carrots, Applesauce, 1 % Milk	WG Veggie Baked Penne (Veggie Sauce- Tomato), WG Bread, Diced Nectarines, Chopped Spinach with Shredded Carrot, 1% Milk	Diced Chicken, Roasted Cherry Tomatoes , Diced Cantaloupe, WW Roll, 1 % Milk	BBQ Black Bean Salad, Shredded Cheese, Ritz Crackers, Berries, 1 % Milk	Sliced Cheese, WG Wheat Thins, Mandarin Oranges, Water
Activity Tomato Delivery 14	15	16	17	18
WG Waffle, Applesauce, 1 % Milk	Yami Lowfat Vanilla Yogurt, Blueberries, 1 % Milk	WW Mini Bagel, Cream Cheese, Diced Banana, 1 % Milk	WG Oatmeal, Diced Cooked Apples, 1% Milk	
Chicken Patty on WW Bun, Sliced Tomato, Diced Melon, 1 % Milk	Tuna, Ritz Crackers, Black Beans- Vegetable Component, Diced Mango, 1% Milk	Three Sisters Salad (with Tomato), Cornbread, Berries, 1 % Milk	Southwest WG Brown Rice, Beans, Shredded Cheese, <u>Pico de gallo</u> , Diced Cantaloupe, 1 % Milk	
21	22	23	24	25
Hard Boiled Eggs, Ritz Crackers, Steamed and/or Diced Carrots, 1 % Milk	WG Overnight Oat Parfait, Blueberries, 1 % Milk	Fruit Pizza- Whipped Cream Cheese, WW English Muffin, Pears, 1 % Milk	WG General Mill Rice Chex, Diced Strawberries 1% Milk	
Baked Salmon w Lemon, WW Roll, Thin Sliced Peppers, Diced Nectarines, 1 % Milk	WG Spaghetti & <u>Veggie Sauce (with</u> <u>Tomato)</u> , Chicken Meatballs, Diced Zucchini, Applesauce, WG Bread, 1 % Milk		Black Bean Burger on WW Bun, Snap Peas, Berries, 1% Milk	Turkey, Steamed Diced Broccoli, Wheat Thins, Water
28	1	30	31	2 -4
WG General Mills Cheerios, Diced Peaches, 1 % Milk	Egg Patty, WW English Muffin, Blueberries, 1 % Milk	WG Overnight Oat Parfait, Diced Pears, 1 % Milk	WG Pancakes, Berry Sauce, Diced Bananas, 1% Milk	
Hamburgers on WW Bun, Snap Peas, Diced Nectarines, 1 % Milk	Mashed Bean & Cheese Burrito on WW Tortilla, Chopped Spinach with Shredded Carrots, Diced Mango, 1 % Milk	Chicken Salad, Steamed and/or Diced Carrots, Applesauce, WW Roll, 1 % Milk	Cheese Pizza, Diced Strawberries, Steamed Diced Broccoli, 1 % Milk	

All milk served is 1% unflavored milk for children over 24 months and unflavored whole for children 12-24 months

This institution is an equal opportunity provider. Condiments delivered weekly and served based on menu item: ketchup, mustard, mayo, ranch, pickles