


July 2025 Full Day Children 3 to 5 years
Full Day (Monday-Friday): Howard 1 & 2, Village 1 & 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
Harvest for Healthy Kids: Tomato (Cherry, Brandywine, Green Zebra, Sun Gold Cherry, Yellow Pear, Plum)	WG General Mills Kix Cereal, Peaches, 1 % Milk Chicken Wrap on WW Tortilla, Shredded Cabbage, Berries, 1 % Milk Cowboy Caviar (with Tomato) , WG Tortilla Chips, Water	Yami Lowfat Vanilla Yogurt, Bananas, 1 % Milk Turkey Sandwich on WW Bread, Diced Melon, Sliced Tomato , 1 % Milk Tuna, Pears, WG Wheat Thins, Water	WW Mini Bagel, Cream Cheese, Pineapple Tidbits, 1 % Milk Salmon w Lemon, WG Brown Rice, Apples, Snap Peas, 1 % Milk Celery, Sunbutter Pita, Water	Closed: Holiday
7	8	9	10	11
WG General Mills Corn Chex, Mandarin Oranges, 1 % Milk Fish Patty on WW Bun, Carrots, Apples, 1 % Milk Mashed Beans, Celery, WG Tortilla Chips, Water	WG Baked Oat Squares, Strawberries, 1 % Milk WG Veggie Baked Penne (Veggie Sauce-with Tomato), WG Bread, Nectarines, Spinach with Shredded Carrots, 1% Milk Yami Lowfat Vanilla Yogurt, Berries, WG General Mills Cheerios, Water	Breakfast Taco on WG Corn Tortilla, Diced Mango, 1% Milk Diced Chicken, Roasted Cherry Tomatoes , Diced Cantaloupe, WW Roll, 1 % Milk Sesame Salmon Rice Bowl, Apples, Water	Fruit Pizza- Whipped Cream Cheese, WW English Muffin, Blueberries, 1% Milk BBQ Black Bean Salad, Shredded Cheese, WG Tortilla Chips, Berries, 1 % Milk WG Oatmeal Banana Berry Smoothie, Carrots, Water	WG Biscuit, Peaches, 1 % Milk Chickpea Curry, WG Brown Rice, Broccoli, Diced Mango, 1 % Milk Sliced Cheese, WG Wheat Thins, Oranges, Water
Activity Tomato Delivery 14	15	16	17	18
WG Waffle, Applesauce, 1 % Milk Chicken Patty on WW Bun, Sliced Tomato , Diced Melon, 1 % Milk WG General Mills Corn Chex Trail Mix, Snap Peas, Water	Yami Lowfat Vanilla Yogurt, Blueberries, 1 % Milk Tuna, WG Tortilla Chips, Black Beans-Vegetable Component, Diced Mango, 1% Milk Quesadilla on WG Tortilla, Celery, Water	WW Mini Bagel, Cream Cheese, Bananas, 1 % Milk Three Sisters Salad (with Tomato). Cornbread, Berries, 1 % Milk Graham Crackers, Green Smoothie	WG Oatmeal, Cooked Apples, 1% Milk Southwest WG Brown Rice, Beans, Shredded Cheese, Pico de gallo , Diced Cantaloupe, 1 % Milk WG Spiced Orange & Carrot Muffin Square, Carrots, Water	Closed: Planning Day
21	22	23	24	25
Hard Boiled Eggs, Ritz, Carrots, 1 % Milk Baked Salmon w Lemon, WW Roll, Bell Peppers, Nectarines, 1 % Milk WG Oatmeal Banana Berry Smoothie, Snap Peas, Water	WG Overnight Oat Parfait, Blueberries, 1 % Milk WG Spaghetti & Veggie Sauce (with Tomato) , Chicken Meatballs, Zucchini, Apples, WG Bread, 1 % Milk Cucumbers, Sunbutter Pita, Water	Fruit Pizza- Whipped Cream Cheese, WW English Muffin, Pears, 1 % Milk Chili Chicken Salad, Shredded Cabbage, Diced Mango, WG Tortilla Chips, 1 % Milk Tuna Sandwich on WW Bread, Apples, Water	WG General Mill Rice Chex, Strawberries 1% Milk Black Bean Burger on WW Bun, Corn, Berries, 1% Milk Cottage Cheese Smoothie Bowl Toppings: Berries, WG General Mills Kix Cereal, Water	WG Waffle, Cooked Apples, 1 % Milk Diced Chicken Pita, Cucumbers & Tomato Salad , Diced Melon, 1 % Milk Turkey, Broccoli, Wheat Thins, Water

28	29	30	31	
WG General Mills Cheerios, Peaches, 1 % Milk	Egg Patty, WW English Muffin, Blueberries, 1 % Milk	WG Overnight Oat Parfait, Pears, 1 % Milk	WG Pancakes, Berry Sauce, Bananas, 1% Milk	
Hamburgers on WW Bun, Corn, Nectarines, 1 % Milk	Mashed Bean & Cheese Burrito on WW Tortilla, Spinach with Shredded Carrots, Diced Mango, 1 % Milk	Chicken Salad, Carrots, Apples, WW Roll, 1 % Milk	Cheese Pizza, Strawberries, Broccoli, 1 % Milk	
Tomato with Basil , Mozzarella, WG Wheat Thins, Water	WG General Mills Corn Chex Trail Mix, Celery, Water	Quesadilla on WG Tortilla, Bell Peppers, Water	Tuna, Kiwi, Ritz, Water	

This institution is an equal opportunity provider. All milk served is 1% unflavored milk. Condiments delivered weekly and served based on menu item: ketchup, mustard, mayo, ranch, pickles
In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail:

**U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or**

2. fax:

(833) 256-1665 or (202) 690-7442; or

3. email:

Program.Intake@usda.gov

This institution is an equal opportunity provider.