

<b>Date:</b>	9/22/25-9/26/25			
<b>Menu for:</b>	Head Start Extended Day			
This institution is an equal opportunity provider. All milk served is 1% unflavored milk.				
Condiments delivered weekly and served based on menu item: ketchup, mustard, mayo, ranch, pickles				
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>
<b>Breakfast</b>				
Entree Name				
Fruit or Vegetable	Pineapple Tidbits	Diced Frozen Strawberries Yami Lowfat Vanilla Yogurt	Banana	Diced Peaches WG General Mills Kix Cereal
Grain or Meat/Meat Alt	WW Mini Bagel		WG Oatmeal	
Extra	Cream Cheese			
Milk	1% Milk	1% Milk	1% Milk	1% Milk
<b>Lunch</b>				
Entree Name	Macaroni & Cheese	Chicken Wrap on WW Tortilla	<b><u>Build Your Own Turkey Cheddar Apple Sandwich on WW Bread</u></b>	Teriyaki Salmon
Fruit	Diced Frozen Mango	Kiwi	<b><u>Sliced Apple</u></b>	Watermelon
Vegetable	Green Beans	Shredded Cabbage	Mashed Potatoes	Broccoli
Grain	WW Roll	See Entree	See Entree	WG Brown Rice
Meat/Meat Alt	See Entree	See Entree	See Entree	See Entree
Extra		Shredded Cheese		
Milk	1% Milk	1% Milk	1% Milk	1% Milk
<b>Snack (at least 2)</b>	<b>Served with Water</b>	<b>Served with Water</b>	<b>Served with Water</b>	<b>Served with Water</b>
Entree Name	WG Spiced Orange & Carrot Muffin Square			Sunbutter Smoothie
Fruit		<b><u>Apple Slices</u></b>		See Entree
Vegetable	Sliced Bell Peppers		Cucumbers	Carrots
Grain		WG Wheat Thins	WG Tortilla Chips	
Meat/Meat Alt		Tuna	Refried Beans	See Entree
Extra				