

Date:

9/8/25-9/12/25

Menu for:

Head Start Part Day

This institution is an equal opportunity provider. All milk served is 1% unflavored milk.

Condiments delivered weekly and served based on menu item: ketchup, mustard, mayo, ranch, pickles

	Monday	Tuesday	Wednesday	Thursday
Breakfast	* Deliver Classroom Activity Apples			
Entree Name		WG Overnight Oats		Diced Frozen Strawberries
Fruit or Vegetable	Diced Canned Pears	Frozen Blueberries	Cucumbers	WG General Mills Rice Chex
Grain or Meat/Meat Alt	WW English Muffin	See Entree Yami Lowfat Vanilla Yogurt	Ritz Crackers	
Extra Milk	Cream Cheese 1% Milk	1% Milk	Hard Boiled Eggs 1% Milk	1% Milk
Lunch				
Entree Name	Baked Salmon w Lemon	WG Spaghetti & Veggie Sauce	Mexican Inspired Chicken & Hominy Pozole	Southwest WG Brown Rice
Fruit	Kiwi	Sliced Apple	Diced Frozen Peaches	Diced Cantaloupe
Vegetable	Peas	Carrots	Shredded Cabbage	Avocado Half
Grain	WW Roll	WG Breadstick	WG Tortilla Chips	See Entree
Meat/Meat Alt	See Entree	Chicken Meatballs	See Entree	Black Beans
Extra Milk		Veggie Sauce 1% Milk	1% Milk	Shredded Cheese 1% Milk